

SUDDEN CARDIAC ARREST (SCA)

Adapted from the Resuscitation Council Guidelines If you witness a sudden collapse...

Check for danger.
To youself or the person

Is the person responsive?

No...

Are there signs of life?

No...

call 999
and ask
someone to
collect an
AED if
available

Start CPR: 30 Compressions followed by 2 breaths

Repeat CPR (30:2) until help arrives

No signs of life? As soon as the Automated External Defibrillator (AED) arrives, turn it on and follow the instructions

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